

AML RELAPSE QUESTIONS FOR YOUR DOCTOR



Being diagnosed with an acute myeloid leukaemia (AML) relapse can be a frightening and worrying time. You may feel overwhelmed as there are a number of decisions that will need to be made regarding your treatment moving forward.

Your primary care team will guide you through your treatment options & together you and your family can make an informed decision about your treatment choice. It is a good idea to think first about your personal life goals and wishes, and what you would like to get from your treatment. The following questions may be useful to help discuss your wishes with your healthcare team and empower you to make the right decision for you:

UNDERSTANDING MY RELAPSE DIAGNOSIS

What is relapsed AML?.....
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How have you confirmed that I have relapsed AML?.....
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Why has my disease come back?.....
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How is my relapse diagnosis different from my original AML diagnosis?.....
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In light of my test results, what is my relapse prognosis?.....
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MY TREATMENT OPTIONS:

Based on my test results and treatment history, what treatment options are available for me?.....
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How will the treatment process be different this time, compared to when I was first diagnosed with AML?

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Considering my personal goals and wishes, what treatment course would you recommend for me?

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How can my treatment plan be tailored to my wishes?

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Am I eligible for a bone marrow transplant? If so, would this be a treatment course you would recommend for me?

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Would you recommend additional chemotherapy?

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Are there other treatment options available for me?

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Are there any clinical trials within my region that I could be eligible for?

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ALTERNATIVE/ HOLISTIC TREATMENTS

If you are seeking alternative or holistic treatment options outside of a hospital setting, it is important to always discuss these with your healthcare team

How could my alternative treatment impact my results or hospital-based treatment plan?

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MANAGING MY SYMPTOMS (PALLIATIVE CARE)

What are the options available that focus on managing my symptoms, instead of the progression of AML?

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What does symptom management, or palliative care, involve?

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What are the benefits I could expect to see from managing my symptoms (palliative care)?

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How will effective symptom management, or palliative care, help to fulfil my personal needs and wishes?

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What is the process of moving to a palliative care treatment plan?

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EMOTIONAL SUPPORT AND GUIDANCE

What online or face-to-face resources are available to me:

To manage any anxiety or emotions I may experience about relapsing?

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To help me tell my family that my AML has returned or has not responded to treatment?

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To aid with practical things including financial, work and childcare support?

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What online or face-to-face resources are available for my family/loved ones, to support them during this time?

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FOR MORE SUPPORT, PLEASE VISIT AMLCARE.CO.UK OR AMLCARE.IE

This leaflet is for patients in UK and Ireland only, and has been created and funded by Astellas. It is provided for informational purposes only and does not constitute individual medical advice. If you have any questions or concerns about your medical condition or AML, ask your doctor.

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